

CURRICULUM-VITAE

Dr. Rawoof Ahmad Malik

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CAREER OBJECTIVE:

To work in an organization which can provide me opportunities for professional and personal growth and where I can utilize my full potential, skills and qualification for benefiting the work place as well as myself.

EDUCATIONAL QUALIFICATION :

- B.Sc., B.Ed., M.Sc. Biochemistry, Ph.D in Biochemistry (Life Science)

JOB EXPERIENCE:

- Worked as lecturer in Govt. Degree College Dooru Anantnag
- Worked as lecturer in Govt. Degree College kulgam
- Worked as lecturer in Govt. Degree College Pulwama
- Currently working as lecturer in Govt. Degree College Shopian

RESEARCH EXPERIENCE:

- Two years experience as SRF in project entitled as ‘ Epigenetic and Genetic association of adiponectin Gene with type 2 Diabetes mellitus and metabolic syndrome in Kashmiri population’ funded by Department of Science and Technology Govt. of India in the department of Biochemistry govt.Medical college Srinagar India.
- Two years of experience as a research associate in the project entitled as “Association of Vitamin D receptor gene polymorphisms and serum 25-hydroxy vitamin D levels in patients with vitiligo.” Funded by LOreal in the department of Dermatology Govt.Medical college Srinagar India.
- Six months of research experience under the project entitled “Effect of Chitinase enzyme against plant pathogenic Fusarium and Colletotricum falcatum fungi, Isolation and Molecular Cloning of Chitinase Gene from Bacillus Thuringiensis” in Clonogen Biotech,USA and Clonogen Biotech Pvt.Lt

Total Number of Publications: 10

1. **Rawoof Ahmad Malik**, Promila Mehata, Arif Akbar Bhat, Sheikh Ishaq,Rabia Farooq,Parveez Ahmad Shah And Sabhiya Majid(2017) Vitamin D Receptor (VDR) Gene Polymorphism and Type 2 Diabetese Mellitus(T2DM)-A Case Control study in ethnic populatin of Kashmir Valley. Adv Res Gastroentero Hepatol 2017;4(5):555648.DOI:10.19080/ARGH.2017.03.555648.
2. **Malik R**,Farooq R,Mehata P,Sheikh I,Din I,Shah P,Majid S.(2017).Association of VDR Gene Polymorphism in Type 2 Diabetes Mellitus in the Kashmir valley. Canadian journal of Diabetes (DOI: [http://dx. doi. Org/10.1016/j. jejd. 2017](http://dx.doi.org/10.1016/j.jejd.2017)).

3. Iffat Hassan, Yasmeen Jabeen Bhat, Sabiya Majid,Peerzada Sajad,Farhan Rasool, **Rawoof A Malik**, Inam Ul Haq. Association of vitamin D Receptor Gene Polymorphism and Serum 25-Hydroxy Vitamin D Levels in Vitiligo – A Case –Control Study. Indian Dermatol online J 2019.DOI: 10.4013/idoj_97_18.
4. Farooq,R.,Amin,S.M.Bhat,M.H,**Malik,R.**,Wani,H.Majid,S.(2017).Type 2 Diabetes Mellitus and Metabolic Syndrome –Adipokine levels and effects of drugs <https://doi.org/10.1080/09513590.2016.120716>.
5. Inshah Din, Fouzia Rashi, Ishrat Hussain, Rakesh Kumar, Jasiya Qadir, **Rawoof Malik**, Rabia Farooq⁴, Sabhiya Majid (2017)Synergistic role of Vitamin D and adipocytokines in etiology of diabetes in Kashmiri population. Journal of Investigational Biochemistry. DOI: 10.5455/jib.20170915112339
6. Arif Akbar Bhat, Hilal Ahmad Wani, Shiekh Ishaq, Ajaz Ahmad Waza, **Rawoof Ahmad Malik**, Iram Shabir, Showkat Jeelani, Showkat Kadla, Waseem Qureshie, Akbar Masood & Sabhiya Majid(2016) Promoter Hypermethylation and Its Impact on Expression of MGMTGene in the GIT Malignant Patients of Kashmiri Origin, Cancer Investigation <http://dx.doi.org/10.1080/07357907.2016.1271887>
7. Arif Akbar Bhat, Hilal Ahmad Wani, Ajaz Ahmad Waza, **Rawoof Ahmad Malik**, Akbar Masood, Showkat Jeelan, Showkat Kadla, Sabhiya Majid (2016) Diminished expression of MGMT & RASSF1A genes in gastric cancer in ethnic population of Kashmir. Journal of Gastrointestinal Oncology.<http://dx.doi.org/10.21037/jgo.2016.06.07>
8. Yasmeen J Bhat, Iffat Hassan, Peerzada Sajad, **Rawoof Malik**, Sabiya Majid², Syed Mubashir¹ and Insha Latief¹(2016) . Serum Iron, Ferritin and Calcium Levels in Premature Canitie. Hair Ther Transplant 6: 142. doi: 10.4172/2167-0951.1000142.
9. Yasmeen Jabeen Bhat, Insha Latif, **Rawoof Malik**, Iffat Hassan, Gousia Sheikh, Kouser Sideeq Lone,Sabiya Majeed¹, Peerzada Sajad(2016) Vitamin D Level in Alopecia Areata. Indian J Dermatol 2017;62:407-10.

10. Irfan Majeed, Rabia Farooq, **Rawoof Malik**, Devendra Singh Rawat, Shajrul A, Nida Hasan and Sabhiya Majid.(2015). Estimation of lipid peroxidation and lipid profile levels in Type II Diabetes Mellitus patients of Kashmir valley. *IJALS, Volume (8) Issue (4)* .

➤ **Fellowships**

➤ **Fellowship:** SRF (Senior research fellowship) in project entitled as ‘ Epigenetic and Genetic association of adiponectin Gene with type 2 Diabetes mellitus and metabolic syndrome in Kashmiri population’ funded by Department of Science and Technology Ministry of Science and Technology Govt. of India in the department of Biochemistry Govt. Medical college Srinagar India.

➤ **List of Conferences/Seminars/workshops: 14**

- 1) Presented a paper in International conference on Current Trends in Science in Punjab. 28th March, 2018 Organised By Department of Human Genetics, Punjabi University, Patiala in collaboration with Indian Science Congress Association(Patiala Chapter) .
- 2) Member of Organizing committee for BIOCME, on Vitamin D Deficiency: A silent Pandemic Causes and consequences on 27th May 2016 organised by the department of Biochemistry Govt. Medical College , Srinagar.
- 3) Participated in the BIOCME, on Advances in Biomedical and Molecular Diagnostics: Recent Research Trends. Organised by the Department of Biochemistry, Govt. Medical College, Srinagar under the aegis of ACBI and INSLAR on 9th -10th May 2015.
- 4) Attended training workshop on the patient-Doctor Relationship and Communication on 6th April 2016, organised by the North India Unit of the International Network of the UNESCO chair in the Bioethics, Govt. Medical College, Srinagar.

- 5) Participated in the BIOCME, on Vitamin D Deficiency: A silent Pandemic Causes and consequences on 27th May 2016 organised by the department of Biochemistry Govt. Medical College , Srinagar.

- 6) Presented a poster in the national seminar KEPLER-2008 held at J.C.Bose Institute of Life Science on 26-27th February,2008

PERSONAL SKILLS:

- A determined zeal to learn and strong desire to excel
- Optimistic and good initiator
- Able to prioritise
- Punctual
- Hardworking
- Good verbal and writing communication skills
- Innovative

HOBBIES :

- Exploring new places
- Playing cricket
- Reading
- Watching sports
- Group discussions

PERSONAL PROFILE :

Name : Rawoof Ahmad Malik
Father's name : Mohd Amin Malik
Sex : Male
Marital status : Married
Nationality : Indian
Languages known : English, Urdu, Kashmiri

DECLARATION

I hereby declare that the information given above is true to the best of my knowledge and belief. All original documents and certificates shall be presented at the time or as and when required.

Date: 31-05-2024

Place: Shopian

Rawoof Ahmad Malik